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# Advance Statement/Decision (England & Wales)

Name of person making this direction:

Address of person making this direction:

I wish the following direction to be taken into account, in the event of decisions about my care and treatment being made and my being unable to express my views about my care and treatment at that time.

If I am considered to be suffering from any mental disorder or illness I wish to have a medical examination to determine whether I have any physical medical condition, toxic poisoning, allergies or nutritional deficiencies which can and should be treated accordingly. Otherwise, I wish to be treated in a friendly, caring fashion and given plenty of rest and food. Specifically, I direct that I be given no psychiatric physically invasive treatment -- including psychiatric drugs, electro-convulsive therapy, psychosurgery or the like -- for any mental disorder or illness or purported mental disorder or illness. I have no objection to the use of medical drugs for the treatment of diagnosed physical illness or disability, or to the use of sedatives on an emergency basis where the health or safety of myself or others is at immediate risk.

Signed:

Date:

**Witness Certificate:**

I certify that in my opinion the above person has the capacity of properly intending the wishes set out above. I hereby witness his/her signature:

Witness signature:

Date:

Name of witness:

Address of witness:

Designation of witness: [Occupation/category which enables the witness to act as a 'prescribed person']

**You should keep a list of the names of everyone who has a copy of this document.**

**If you would like professional assistance with making this statement, please visit  
[www.hodkin.org/living-will-info.htm](http://www.hodkin.org/living-will-info.htm)**

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[Witness Certificate note - In Scotland those who can witness an Advance Statement are a clinical psychologist entered on the British Psychological Society's register of chartered psychologists, a medical practitioner, an occupational therapist registered with the Health Professions Council, a person employed in the provision of (or in managing the provision of) a care service, a registered nurse, a social worker and a solicitor. In England and Wales this Advance Decision can be witnessed by any adult.]